

CERTIFICATE OF PARTICIPATION

This is to certify that

Jo Sfarnas

Has successfully participated & completed the

8km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:41:34

PACE 12:40/km

OVERALL 35 of 47

GENDER 16 of 25

50 - 59 2 of 2

21 July 2019, Sun

Date



BoutTime

Signature

